

Monday, August 6 (Day 1)

- 3:00 – 4:00pm Registration & Check-In
- 4:00 – 4:15pm **Opening Remarks** – *Cindy Bristow, Softball Excellence*
- 4:20 – 5:15pm **Attacking Hitters from a Hitter’s Point of View** – *Trisha Ford, Arizona State University*
- 5:20 – 6:15pm **The Great Equalizer, How to Utilize Different Speeds to Create a Dominant Pitcher** – *Piper Ritter, University of Minnesota*
- 6:20 – 6:45pm **Roundtable Discussion #1**
- 6:45 – 7:00pm **Day 1 Wrap-Up** – *Cindy Bristow, Softball Excellence*

Tuesday, August 7 (Day 2)

- 9:00 – 9:55am **Training Your Pitchers from their 1st Bullpen to their Last** – *Larissa Anderson, University of Missouri*
- 10:00 – 10:20am **Panel #1 – How My Pitchers Practice Resilience with Today’s Hitter’s & Strike Zone**
(Trisha Ford – ASU, Piper Ritter -University of Minnesota, Larissa Anderson – University of Missouri, Kelly Inouye-Perez – UCLA) MODERATOR: Cindy Bristow – Softball Excellence
- 10:20 – 10:40am *Break*
- 10:40 – 11:25am **Micro-Topics Session #1**
10:40 – 11:00 - How I Use What I Chart – Kelly Inouye-Perez, UCLA
11:05 – 11:25 - Teaching the Curveball; Tips, Grips & Drills – Michelle Gascoigne, Northwestern
- 11:30 – 12:00pm **Roundtable Discussion #2**
- 12:00 – 1:30pm *Lunch*
- 1:30 - 2:25pm **How Your Catchers Can Take Your Pitchers from Good to Great** – *Kelly Inouye-Perez, UCLA*
- 2:25 – 2:45pm *Break*
- 2:45 – 3:30pm **Micro-Topics Session #2**
2:45 – 3:05 - Teaching the Screwball; Tips, Grips & Drills - Megan Langenfeld, UCR
3:10 – 3:30 - Teaching the Dropball; Tips, Grips & Drills – Cat Osterman, Texas State
- 3:30 – 3:50pm *Break*
- 3:50 – 4:10pm **Micro-Topic Session #3**
3:50 – 4:10 Teaching the Riseball; Tips, Grips & Drills – Beverly Smith, South Carolina
- 4:15 – 4:45pm **Roundtable Discussion #3**
- 4:45 – 5:00pm **Day 2 Wrap-Up** – *Cindy Bristow, Softball Excellence*
- 5:00 – 7:00pm **Networking Social**

Wednesday, August 8 (Day 3)

- 8:30 – 10:00am **How to Get Today’s Athlete to Compete Fearlessly** – *Tom Hanson, Heads Up Baseball 2.0*
- 10:00 – 10:20am **Bombing the Expert on the Mental Game Q & A** – *Tom Hanson, Heads Up Baseball 2.0*
- 10:20 – 10:35am *Break*
- 10:35 – 11:20am **Micro-Topics Session #4**
10:35 – 10:55 - Hunting 70: How to Gain 3-5 mph in a Year – Megan Brown, Boston College
11:00 – 11:20 Drills for Control Come Gameday – Piper Ritter, Minnesota
- 11:25 – 11:50am **Panel #2 – All Speaker Panel Q & A**
- 11:50 – 12:00pm **Closing Remarks** – *Cindy Bristow, Softball Excellence*