

PITCHING SUMMIT AGENDA - 2018



3:00 – 4:00pm	Registration & Check-In
4:00 – 4:15pm	Opening Remarks – Cindy Bristow, Softball Excellence
4:20 – 5:15pm	Attacking Hitters from a Hitter's Point of View – Trisha Ford, Arizona State University
5:20 – 6:15pm	The Great Equalizer, How to Utilize Different Speeds to Create a Dominant Pitcher –
	Piper Ritter, University of Minnesota
6:20 – 6:45pm	Roundtable Discussion #1
6:45 – 7:00pm	Day 1 Wrap-Up – Cindy Bristow, Softball Excellence

Tuesday, August 7 (Day 2)

9:00 – 9:55am	Training Your Pitchers from their 1st Bullpen to their Last – Larissa Anderson, University of Missouri
10:00 – 10:20am	Panel #1 – How My Pitchers Practice Resilience with Today's Hitter's & Strike Zone
10:20 – 10:40am	Break
10:40 – 11:25am	Micro-Topics Session #1
	10:40 – 11:00 - How I Use What I Chart – Kelly Inouye-Perez, UCLA
	11:05 – 11:25 - Teaching the Curveball; Tips, Grips & Drills – Michelle Gascoigne,
	Northwestern
11:30 – 12:00pm	Roundtable Discussion #2
12:00 – 1:30pm	Lunch
1:30 - 2:25pm	How Your Catchers Can Take Your Pitchers from Good to Great – Kelly Inouye-Perez,
	UCLA
2:25 – 2:45pm	Break
2:45 – 3:30pm	Micro-Topics Session #2
	2:45 – 3:05 - Teaching the Screwball; Tips, Grips & Drills - Megan Langenfeld, UCR
	3:10 – 3:30 - Teaching the Dropball; Tips, Grips & Drills – Cat Osterman, Texas State
3:30 – 3:50pm	Break
3:50 – 4:10pm	Micro-Topic Session #3
	3:50 – 4:10 Teaching the Riseball; Tips, Grips & Drills – Beverly Smith, South Carolina
4:15 – 4:45pm	Roundtable Discussion #3
4:45 – 5:00pm	Day 2 Wrap-Up — Cindy Bristow, Softball Excellence
5:00 – 7:00pm	Networking Social

Wednesday, August 8 (Day 3)

8:30 – 10:00am	How to Get Today's Athlete to Compete Fearlessly – Ken Ravizza, Heads Up Baseball
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10:00 – 10:20am	Bombing the Expert on the Mental Game Q & A - Ken Ravizza
10:20 - 10:35am	Break
10:35 – 11:20am	Micro-Topics Session #4
	10:35 – 10:55 - Hunting 70: How to Gain 3-5 mph in a Year – Megan Brown, Boston
	College
	11:00 – 11:20 Drills for Control Come Gameday – Piper Ritter, Minnesota
11:25 – 11:50am	Panel #2 – All Speaker Panel Q & A
11:50 - 12:00pm	Closing Remarks – Cindy Bristow, Softball Excellence